



2026 NYSED Professional Development Seminar
Planting, Nurturing, Growing ...
New SBDI Exam

Print Name: _____ SBDI# _____

Sign Name: _____ Date _____

This is a pass or fail exam. There are 35 multiple choice questions and 15 true and false statements. Circle the correct answer.

Multiple choice questions:

1. What are three effective leader traits of a School Bus Driver Instructor?
 - a. Credible, unreliable, and a team player
 - b. Communicator, role model, and not be flexible
 - c. Keepers of the Morale, Integrity, and Communicators
 - d. None of the above
2. What is the main reason Curriculum Development is part of the PDS?
 - a. To learn how to be a teacher
 - b. To grow and refresh our skills to develop a curriculum for the fourth hour refresher
 - c. To get back to the basics
 - d. To be able to co-teach
3. What tips are discussed for an introduction topic?
 - a. Avoid revealing your instructional strategies
 - b. Keep it concise
 - c. Both a and b
 - d. None of the above
4. A written objective reveals why the topic is important by using phrases such as:
 - a. Improve instructional style
 - b. Will enhance
 - c. Explaining the content
 - d. Be concise



5. Why is a hook important to the audience?
 - a. Creating interest
 - b. Establishing a connection
 - c. Both a and b
 - d. None of the above
6. How can hooks be effective?
 - a. Use emotion
 - b. Both a and c
 - c. Be memorable
 - d. None of the above
7. What are the five objectives?
 - a. Quantified how, measured how, what, who, when
 - b. Measured how, when, where, who, what
 - c. What, when, where, who, how
 - d. None of the above
8. What does “flood the page” mean?
 - a. Put as many words on the page as possible
 - b. Everything that you know about the topic and list at least ten ideals
 - c. Put questions on the page about your topic
 - d. None of the above
9. What are the ways to evaluate that learning took place?
 - a. Formative Assessment
 - b. Standardized Tests
 - c. Both a and b
 - d. None of the above
10. What are some ways to have a powerful conclusion?
 - a. Reconnect to your hook
 - b. Both a and c
 - c. Creating a memorable moment
 - d. None of the above



11. Why is preparing important to a School Bus Driver Instructor?
- a. To use the direct instructions method
 - b. Ensuring mutual understanding
 - c. To understand and internalize the basic messaging of the instructor's notes and the discussion points
 - d. None of the above
12. What is visual-based learning?
- a. Both b and c
 - b. Incorporating animations, simulations, and interactive elements allows learners to engage with the material actively
 - c. Instruction is delivered in a sequenced manner, starting with simpler concepts and gradually moving to more complex ones.
 - d. This learning encourages dialogue and feedback
13. What are teaching methods?
- a. Technology-Enhanced learning, Game-Based learning, Visual-Based learning
 - b. Co-teaching, Mentors, Self-Assessment
 - c. Direct Instruction, Mentoring and Peer teaching, Formative Assessment
 - d. None of the above
14. What are three key components of using Direct Instruction?
- a. Mentoring, scripted lessons, clear objectives
 - b. Sequencing delivery, active student participation, teacher-led instruction
 - c. Sharing responsibility, professional development, resource availability
 - d. Effective communication fosters team spirit, encourages, and supports
15. What are three essential keys to effective Co-Teaching?
- a. Peer teaching, Focus on Mastery, Time Management
 - b. Plan for comments, Teacher-Led Instruction, Mentoring
 - c. Time Management, Balancing the Load, Organizing Physical Presence
 - d. None of the above



16. What is the importance of Time Management?
- a. Respect the time of the other instructor
 - b. Having one instructor carry most of the workload
 - c. To have relevant questions about the topic the other instructor is teaching
 - d. None of the above
17. What do all three refresher topics have in common?
- a. Student management
 - b. Direct Instruction
 - c. Both a and b
 - d. None of the above
18. What is Organizing Physical Presence?
- a. Instructor presence matters
 - b. To be aware of body language and facial expressions when another instructor is teaching
 - c. Both a and b
 - d. It does not matter whether the visual presence of the other co-instructor
19. What is the purpose of role play?
- a. Learning and skill development
 - b. Both a and c
 - c. Increase engagement and motivation
 - d. None of the above
20. What does the PDS provide for School Bus Driver Instructors annually?
- a. Three refresher topics
 - b. Kansas Loading and Unloading Statistics
 - c. Both a and b
 - d. None of the above



21. How many steps are in making a curriculum?
- a. 5
 - b. 7
 - c. 6
 - d. 2
22. What are three key factors to build a relationship with passengers on a school bus?
- a. Self-Assessment, Be Approachable, Showing an Interest
 - b. Communicator, Mentor, Compassion
 - c. Praise good behavior, Communicator, Role Model
 - d. None of the above
23. What are three elements that are on a school bus driver, attendant, and monitor's daily checklist?
- a. Be Consistent, Be Compassionate, Be Fair
 - b. Attitude, Communication Skills, Safety Securement
 - c. Awareness, Reward Good Behavior, Please Them
 - d. Be fair, empathic, and communicative
24. Name three ways to show an interest in a student rider?
- a. Daily greetings. What is their favorite sport? Ask their name.
 - b. What are their favorite classes? Ask if they have a girlfriend or boyfriend? Daily greetings.
 - c. Who is their favorite superhero? Who is their favorite parent? How old are they?
 - d. None of the above
25. What positive strategies build good behavior with a student rider?
- a. Increase positive attention
 - b. Praise and recognition
 - c. Both a and b
 - d. Being a strong authority figure



26. What are some basic emotions that student riders and people have in common?
- a. Happiness, Fear, Anger
 - b. Surprise, Sadness, Disgust
 - c. Both a and b
 - d. None of the above
27. A reactive response is defined as:
- a. A practiced response
 - b. Unanticipated, spontaneous response
 - c. A response that goes on for a long period of time
 - d. All the above
28. P.J.'s Law requires:
- a. Drivers and attendants to be provided with ways to manage behavior safely and with sensitivity
 - b. Both a and c
 - c. School personnel to be equipped to provide safe transportation
 - d. None of the above
29. A proactive response is defined as:
- a. Unanticipated, spontaneous response
 - b. A practiced response
 - c. A response that goes on for a long period of time
 - d. None of the above
30. What are three key procedures to de-escalating a student rider?
- a. Communicating, Body Language, Firm Actions
 - b. Body language, Tone of Voice, Be Firm
 - c. Active Listening, Open Body Language, Calming Phrases
 - d. All of the above



31. What are three unacceptable actions from a school bus driver, attendant, or a monitor towards a student rider?
- a. Argumentative, raised voice, be professional
 - b. Yelling, idle threats, be empathic
 - c. Touch a student, Slam the brakes to get riders to sit down, Remove the student rider from the bus
 - d. All of the above
32. Name four signs of internalizing escalating behaviors:
- a. Raised voice, nitpicking, crying, moodiness,
 - b. Yelling, fighting, swearing, argumentative
 - c. Shutting down, sadness, refusal to speak, moodiness
 - d. Throwing objects, hiding face, crying, pacing
33. Name four signs of externalizing escalating behaviors:
- a. Withdrawn, argumentative, words expressing threats, throwing objects
 - b. Refusal to speak, pacing, sadness, rapid movement
 - c. Fighting, nitpicking, pacing, and disciplining the entire bus
 - d. Sadness, moodiness, argumentative, isolation
34. How many steps are in an Escalation Cycle:
- a. 4
 - b. 6
 - c. 5
 - d. 8
35. What are four benefits of open-ended questions?
- a. Critical thinking, creative thinking, communication, confidence
 - b. Creative thinking, pacing, communication, mentoring
 - c. Confidence, active listening, body language, critical thinking
 - d. None of the above

Total correct: _____



True and false questions:

1. It is crucial to observe students getting on the bus because early signs of cues will help identify if the student is upset or bothered by something. True False
2. The most common sources of conflict are disagreements, stress, misunderstandings, personality differences, and differences of opinion. True False
3. Communication plays a crucial role in student management by contributing to building relationships with students. True False
4. A potential sign of an impending behavioral outburst might be a change in body language. True False
5. In Core I, the video showed the bus driver, Mrs. Smith, as a heroic figure because she saved a child on her bus from choking on candy. True False
6. In 1964, Albert Mehrabian studied the effects of verbal and nonverbal cues. It was determined that a person's attitude can be interpreted effectively through body language, tone of voice, and facial expressions, without relying on the spoken word. True False
7. A safe environment starts with YOU. Your daily checklist consists of the following: attitude, driving skills, communication, awareness, and safety securement. True False
8. You cannot tell a student rider's emotions when they board or disembark from the school bus. True False
9. The ten most common interests are: fairness, efficiency, happiness, justice, learning, professionalism, reputation, respect, responsibility, and safety. True False
10. Three stages of de-escalating are: recognize, reactive response, and resolve. True False



11. Communication plays a crucial role in student behavior by building relationships, setting expectations, positive reinforcement, conflict resolution and cultural sensitivity.

True

False

12. Reactive response means anticipated, planned for, practiced response, such as school bus evacuation.

True

False

13. Some potential trigger behaviors can be fear, anger, aggression, flight, and verbally offensive.

True

False

14. Creating social stories for students with disabilities can be a valuable tool for teaching social skills, appropriate behaviors, and understanding social situations.

True

False

15. You will need to understand the abilities, disabilities, reaction trends in behavior, calming techniques, and potential reactions when the student is triggered.

True

False

Total correct: _____